

WILDFIRES & COVID-19

QUICK FACT SHEET

THE CALIFORNIA RURAL INDIAN HEALTH BOARD, INC. &
THE CALIFORNIA TRIBAL EPIDEMIOLOGY CENTER



On the Ground Now

Wildfire season is here, and COVID-19 is not going away anytime soon. This is a critical time for those with illnesses and those needing to prepare for fire danger.

If you need to evacuate, you may have to be in a place with others that exposes you to a secondary emergency, disease.

We want to help you stay healthy from COVID-19 during the wildfire season. Check out our tips to keep yourself and your family safe.

Keep Physically Distancing!

Don't evacuate one emergency and go into another unprepared.

Emergency shelters and public places have a high risk of contact with COVID-19.

COVID-19 is still a contagious disease that can be fatal, especially for Native communities. Keep your distance, if possible.



CUT ALONG DASHED LINE

IF YOU NEED TO LEAVE, REMEMBER:

- People + pets + phones + photos
- Identification + phone numbers
- Meds + vitamins + eye glasses
- Computer + hard drive
- Plastic (credit + ATM cards)
- 2 masks + sanitizer + gloves
- Hair/toothbrush
- Pillow + blanket
- Change of clothes
- Device chargers
- Important papers
- Pet food

Prepare and Be Aware


The best way to prepare for wildfires during the COVID-19 pandemic is to do the following **before** something happens:


 Know the **location** of local shelters.


 Gather **important papers** by the door.


 **Sign-up** for the County Emergency Text System online.


 Use **delivery** instead of in-person shopping.

 Have at least **7 days** of all medications.

 **Take photos** of every room in home for insurance.

 Prepare at least **2 masks & hand sanitizer** for each person.

 If you see danger, **tell, post, & leave.**

 Check on family with **heart or lung illnesses**. Fire smoke and COVID-19 are big threats. They may need to stay in a room with an air filter

For more info:

- <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/coronavirus-safety/preparing-for-disaster-during-covid-19.html>
- https://www.cdc.gov/disasters/covid-19/wildfire_smoke_covid-19.html
- <https://www.cdc.gov/coronavirus/2019-ncov/php/smoke-faq.html>
- https://www3.epa.gov/airnow/smoke_fires/prepare-for-fire-season-508.pdf
- <https://www.readyforwildfire.org/>
- <https://www.ready.gov/plan>

POST ME @ HOME

Fill out your own reference sheet below in case you don't have internet or mobile service during an emergency.


 CUT ALONG DASHED LINE



MY EMERGENCY CONTACTS

 Who to text or call in emergency: _____

 My local Police non-emergency #: _____

 My doctor or pharmacy #: _____

 My local American Red Cross #: _____
