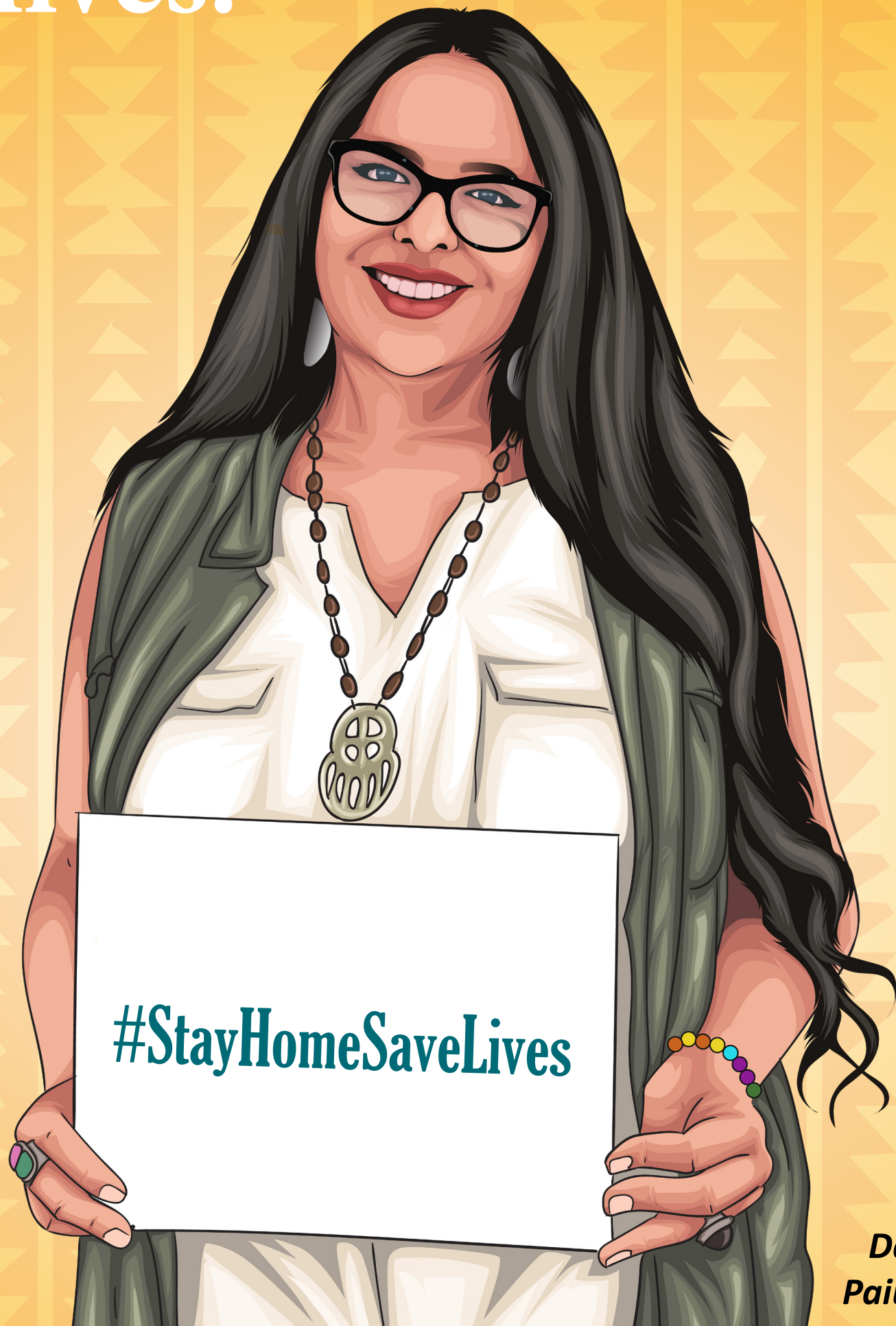


Stay home.
Limit physical interactions.
Save lives.



*Danielle Brewster
Paiute/Tachi/Mono*

*Activities you can do at home together as a family:
smudging, making herbal teas, reading, baking, meditating,
praying, doing puzzles, playing board games, drawing,
singing, drumming, and dancing.*

California Rural Indian Health Board, Inc.

CRIHB COVID-19 Resources:

<https://crihb.org/prevention-and-education/public-health/>

