

CORONAVIRUS DISEASE 2019 (COVID-19) RESOURCES FOR VICTIMS OF ABUSE AND DOMESTIC VIOLENCE

If you are co-quarantined or forced to stay in place with someone who is abusing you and/or your loved ones, there are resources available to help you.

▶ National Domestic Violence Hotline

- 1 (800) 799-7233
- Text LOVEIS to 22522
- www.thehotline.org



▶ Strong Hearts Native Helpline

- 1 (844) 7NATIVE (762-8483)
- Open 5 a.m. to 8 p.m. Pacific Time
- www.strongheartshelpline.org



▶ Childhelp National Child Abuse Hotline

- 1 (800) 4-A-Child (422-4453)
- Open 5 a.m. to 8 p.m. Pacific Time
- www.childhelphotline.org

▶ Adult Protective Services

- Contact information differs from county to county
- https://www.cdss.ca.gov/Portals/9/APS/County_APD_Contacts.pdf

