



# Tribal Health Advisor

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Volume 46 No. 4

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## 45 Years of Advocacy for Tribal Clinics and Indian Health

Tribal government and Indian clinic leaders from throughout California gathered at the annual California Rural Indian Health Board/Tribal Leaders' meeting at Tachi Palace in Lemoore, California to address healthcare issues and to celebrate 45 years of advocacy for tribal clinics and Indian health. Tribal leaders and staff of California Rural Indian Health Board (CRIHB) reported on their service and advocacy accomplishments of the past year. An awards dinner was held to acknowledge the outstanding efforts of people who have improved the health conditions of tribal communities. The Clinic of the Year Award was given to Tule River Indian Health Center, Inc. for their outstanding leadership and service to patients.

Thanks in large part to tribes, clinics and Indian health organizations persistently urging Congress and the Administration to increase the Indian Health Service (IHS) budget, IHS has received steady, although incremental, increases in Fiscal Years (FY) 2009-2012 and 2014. Like many federal agencies in 2013, IHS received an automatic spending cut as a result of the 2011 Budget Control Act. Despite this cut, and as a result of the ongoing advocacy work, additional federal funding was provided to:

- 1) Continued development of two California Youth Regional Treatment Centers
- 2) Strengthen the Contract Health Service/Purchased and Referred Care program
- 3) Fully fund Tribal Healthcare Contract Support Costs

These multimillion dollar healthcare programs and administrative functions are critically important services for Indian Country in California and across the United States. Working together to improve Indian healthcare, we are making a positive difference. Continued advocacy work is needed to maintain these services and ensure that adequate funding is provided. Tribal and clinic leaders and CRIHB staff are now preparing for the next round of advocacy work on Capitol Hill to again support this effort.

The proposed IHS FY 2015 budget is \$4.6 billion. Although this would be an increase to IHS if enacted, the agency would still be substantially underfunded. Given this, tribal and clinic leaders have committed to continue fighting to make substantial IHS budget increases a top priority for the federal government.

Also during the CRIHB/Tribal Leaders' meeting, tribal leaders and staff of CRIHB reported on key accomplishments of CRIHB over this past year. Many of these accomplishments directly benefit the American Indian/Alaska Native patients. The following is a summary of these accomplishments:

- 1) Completion of the first phase of building the first statewide tribal clinic billing program
- 2) Submission of multiple proposals to fund tribal membership priorities
- 3) Receipt of a \$3.9 million grant awarded by the Center for Disease Control to enable the tribes to address health needs in their communities
- 4) Provision of \$1.7 million to tribal clinics through the CRIHB Medi-Cal Optional Benefits program for patient care
- 5) Provision of \$730,000 to tribal clinics through the CRIHB Tribal Medicaid Administrative Activity program for patient support
- 6) Finalization of adequate tribal clinic contract support costs settlement owed by federal government
- 7) Passage of law to ensure access to state health data for tribal health research center and IHS

Advocacy plans for 2015 include introducing legislation to clarify state licensing exemptions for tribal clinics and convening a Congressional Field Hearing on Indian health in California. With over 100 tribes in California, it would be extremely helpful if many of them could participate in the hearing and in the effort to pass the state licensing bill.

The Tribal Leaders and Tribal Health Programs Annual Awards Dinner recognized achievement in the field of Indian health and is the oldest, largest meeting of this kind in California. The gathering brings together more than 300 tribal leaders, tribal clinic representatives, state officials, representatives of tribal health boards from outside California, elders, and youth. This year's award recipients include the esteemed leaders recognized in the table located in a later section of the newsletter.

The 45th Annual CRIHB/Tribal Leaders' meeting was a great success and substantial work was completed in the process of improving Indian healthcare. During this time, many individuals noted the importance of gathering together to develop an action plan to move forward in 2015. These statements are reminiscent of a highly respected tribal leader who said in 1876, "Let us put our minds together and see what life we can make for our children."

Special acknowledgement is given to the CRIHB staff for the time, energy, and expertise that they provided at this event. Without knowledgeable, professional staff this event would not have been possible. The continued positive feedback that is received from many areas of California about the success of the event is evidence of great team effort.

**California Rural Indian Health Board, Inc.**  
 Andrea Cazares Diego, Greenville Rancheria Tribal Health Program  
 Angela Martin, Greenville Rancheria Tribal Health Program  
 Michael Thom, Karuk Community Health Clinic  
 Joseph Waddell, Karuk Community Health Clinic  
 Marcus Blind, Mathiesen Memorial Health Clinic  
 Clois Erwin, Mathiesen Memorial Health Clinic  
 Bill George, Pit River Health Services, Inc.  
 Ignacio Venegas, Pit River Health Services, Inc.  
 Michelle Hayward, Redding Rancheria Tribal Health Center  
 Jack Potter, Jr, Redding Rancheria Tribal Health Center  
 Lisa Elgin, Sonoma County Indian Health Project, Inc.  
 Laura Rambeau-Lawson, Sonoma County Indian Health Project, Inc.  
 Darryl Bahe, Toiyabe Indian Health Project, Inc.  
 Richard Button, Toiyabe Indian Health Project, Inc.  
 Joseph Garfield, Tule River Indian Health Center, Inc.  
 Gayline Hunter, Tule River Indian Health Center, Inc.  
 Fern Bates, United Indian Health Services, Inc.  
 Ruby Rollings, United Indian Health Services, Inc.  
 Frances Benally, Warner Mountain Indian Health Program  
 Naomi Shy, Warner Mountain Indian Health Program

**Management Staff**  
 Mark LeBeau - Executive Director  
 Marilyn Pollard - Chief Operations Officer  
 Ron Moody - Chief Financial Officer  
 Susan Dahl - Chief Compliance Officer  
 Rosario Arreola Pro - Health Systems Development Director  
 Denise Middlebrook - Research and Public Health Director  
 Thomas Kim - Medical Services Director  
 Ann Bonnitto - Tribal Child Development Director

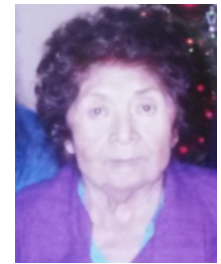
*Original Signers from 45 years past.*



Clois Erwin



Dennis Magee



Carolyn Wyatt

**Member Tribal Health Programs and the Tribal Government Consultation Committee Awards:**

*Chapa De Indian Health Clinic, Inc. (Member Since 2013)*

Lisa Davies, Executive Director

United Auburn Indian Community-Gene Whitehouse, Tribal Chair

*Greenville Rancheria Tribal Health Program (Member Since 2005)*

Dr. Margaret Alspaugh, Executive Director

Greenville Rancheria-Kyle Self, Tribal Chair

*Karuk Tribal Health Program (Member Since 1990)*

Rondi Johnson, Health Director

Karuk Tribe-Russell Attebery, Tribal Chair

*Mathieson Memorial Health Clinic (Member Since 1969)*

Andy Anderson, Executive Director

Chicken Ranch Rancheria-Melissa Powell, Tribal Chair

*Pit River Tribal Health Services, Inc. (Member Since 1995)*

Jeremy Wheeler, Executive Director

Pit River Tribe-Dolores Raglin, Tribal Chair

*Redding Rancheria Tribal Health Center (Member Since 1994)*

Glen Hayward, Administrator

Redding Rancheria- Jason Hart, Tribal Chair

*Sonoma County Indian Health Project, Inc. (Member Since 1971)*

Betty Arterberry, Acting Executive Director

Lytton Rancheria-Margie Mejia, Tribal Chair

Cloverdale Rancheria of Pomo Indians, Patricia Hermosillo, Tribal Chair

## CRIHB 45th Annual Awards (Cont...)



Dry Creek Rancheria Band of Pomo Indians-  
Harvey Hopkins, Tribal Chair

Federated Indians of Graton Rancheria-  
Greg Sarris,  
Tribal Chair

Kashia Band of Pomo Indians of the Stewarts Point  
Rancheria-Reno Franklin, Tribal Chair

Manchester Band of Pomo Indians of The Manchester  
Rancheria-Eloisa Oropeza, Tribal Chair

Mishewal Wappo Tribe of Alexander Valley-Scott  
Gabaldon, Tribal Chair

*Toiyabe Indian Health Clinic Project, Inc.*  
(Member Since 1969)

David Lent, Executive Director

Ututu Gwaitu Paiute Tribe of the Benton Paiute  
Reservation-Billie Saulque, Tribal Chair

Big Pine Paiute Tribe of the Owens Valley-Gina Jones,  
Tribal Chair

Bishop Paiute Tribe-Gerald Howard, Tribal Chair

Bridgeport Indian Colony-John Glazier, Tribal Chair

Death Valley Timbi-Sha Shoshone Tribe-George Gholson,  
Tribal Chair

Fort Independence Indian Community of Paiute Indians of  
the Fort Independence Reservation-Wendy Stein,  
Tribal Chair

Lone Pine Paiute-Shoshone Tribe-Mary Wuester,  
Tribal Chair

*Tule River Indian Health Center, Inc. (Member Since 1969)*

Zahid Sheikh, Executive Director

Tule River Tribe - Neil Peyron, Tribal Chair

*United Indian Health Services, Inc. (Member Since 1971)*

James Crouch, Acting Chief Executive Office

Bear River Band of the Rohnerville Rancheria-William  
Sand, Tribal Chair

Big Lagoon Rancheria-Virgil Moorhead, Tribal Chair

Blue Lake Rancheria-Claudia Brundin, Tribal Chair

Cher-Ae Heights Indian Community of the Trinidad  
Rancheria-Garth Sundberg, Tribal Chair

Elk Valley Rancheria-Dale Miller, Tribal Chair

Resghini Rancheria-Rick Dowd, Tribal Chair

Smith River Rancheria-Kara Miller, Tribal Chair

Wiyot Tribe-Ted Hernandez, Tribal Chair

Yurok Tribe Of The Yurok Reservation-Thomas O'Rourke,  
Sr., Tribal Chair

*Warner Mountain Indian Health Program*  
(Member Since 1969)

Jana Townsend, Chief Executive Officer

Fort Bidwell Indian Community of the Fort Bidwell  
Reservation-Bernie Pollard, Tribal Chair





# National Indian Health Board 2014 National Awards

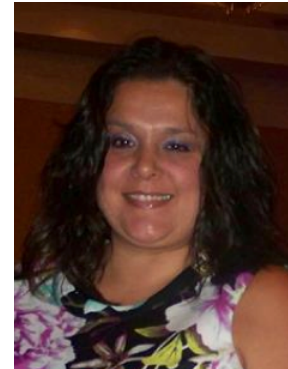
National Impact Award was presented to the California Rural Indian Health Board, Inc.



Youth Service Award  
Raymond LeBeau



Youth Service Award  
Aranesa Turner



Area/Regional Impact Award  
LaWanda Quinnell, representing Elk Valley  
Rancheria and United Indian Health Services

## All Hall of Fame Awardees

- |                        |                    |                        |
|------------------------|--------------------|------------------------|
| Vera Arwood            | Darrell Hostler    | Tommy Merino           |
| Clarence Atwell        | Phillip D. Hunter  | George Montgomery      |
| Elsie Bacon            | Peter Jackson      | Lena McCovey Nicholson |
| Audree Gorbet Bowen    | Vernon Johnson     | Mary Mae Norton        |
| Jim Burns              | Sam Jones          | Doris Renick           |
| Ruth Garfield Burrough | Tom Kauley         | Mildred Rhoades        |
| Sylvia Carabuy         | Beverly LeBeau     | Adeline Rhodes         |
| Joe Carrillo           | Winifred Leal      | Mary Edna Sam          |
| Florence Conrad        | Harvey McCardia    | Crispina Sierra        |
| Farrell Cunningham     | Zelda McCloud      | Lucas Simon            |
| Sampson Dewey          | Vylan McCovey      | Jack Sparkman          |
| Erin Forrest           | Leland A. Majel    | Emmett St. Marie       |
| Laura Frank            | Ted Mantzouranis   | George Wessell         |
| Mickey Gimmell         | Laura Manuel       | Luna Wessell           |
| Bonnie Green           | Rebecca Manuel     | Norman Whipple         |
| Vera Guillory          | Ernest C. Marshall | Lindsay Williams       |
| Mike Hammer, Sr.       | George Mascone     | Tim Williams           |
| Rose Hatfield          | Stan Mayer         |                        |

## Clinic of the Year: Tule River Indian Health Center, Inc.



The California Rural Indian Health Board is honored to present the Clinic of the Year Award to the Tule River Indian Health Center, Inc. based on its momentous accomplishments within the past year.

Over the last year, Tule River Indian Health Clinic has stood out as an exemplary tribal clinic and CRIHB is proud to present this hard-earned award to them.

The Tule River Indian Health Clinic staff work together to overcome challenges and the renewed spirit of cooperation is apparent from the moment you walk into the clinic. They have selective programming playing in the waiting room areas. The staff greets you with a smile, making you feel welcomed from the moment you walk in. Several fruit trees and picnic tables are nestled in between the buildings and it is not unusual to see staff go for walks during their lunch breaks. Overall, there is a renewed focus on healing and cooperation that seems to be embraced by the clinic staff, the Tribe, and the community as a whole.

Despite the challenges that come with changes in managed care and all the other requirements of tribal clinics, Tule River Indian Health Center continues to weather the storm and is making headway in improving their systems, including Government Performance Report Act (GPRA) reporting, working towards achieving Meaningful Use measures, and completing the transition from a legacy electronic health record system. They have a diverse team of staff who are committed to working together to achieve a common goal and making a difference in the lives of the people living on or near their reservation.

We commend Tule River Indian Health Center and its staff for all their hard work and look forward to continue working with them to help them achieve many more milestones in the years to come.



Left to right: Joseph Garfield, Donna Medrano, Yolanda Gibson, Alberta Chavez, Barbara Baga, Gayline Hunter and Richard Brown.  
Board Members not pictured: Willie Carrillo and Christina Dabney



## A Comprehensive Approach —————>

CRIHB has recently been awarded a grant of \$3.9 million from The Centers for Disease Control and Prevention for the promotion of good health and wellness in tribal communities throughout California. This five-year funding opportunity offers support to prevent heart disease and prevent and manage type 2 diabetes and associated risk factors, such as tobacco use, physical inactivity, and unhealthy diet in American Indian tribes through a holistic approach to population health and wellness.

In year 1, the Research and Public Health Department (RPH) in conjunction with the California Tribal Epidemiology Center (CTEC) will provide mini-grant funding, leadership, technical assistance, training, and resources to tribal communities to conduct a Community Health Assessment (CHA), and develop a Community Action Plan based on the community-level data. Up to \$5,000 per tribe will be available through Mini-grants statewide. Years 2-5, RPH and CTEC will provide selected tribes and tribal organizations with additional funding, training, resources, evaluation, and technical assistance to implement and evaluate interventions that increase availability and use of traditional and other healthy foods and beverages, opportunities for physical activities, the elimination of exposure to second-hand tobacco smoke, and culturally relevant health education.

Good Health and Wellness mini-grant applications will be made available on December 1, 2014. Please contact Virginia Hedrick at [Virginia.hedrick@crihb.org](mailto:Virginia.hedrick@crihb.org) or (916) 929-9761 for more information.

## Open Enrollment —————>

Open enrollment in Covered California began November 15, 2014 and ends on February 15, 2015. Although members of federally recognized tribes can enroll year-round, American Indians and Alaska Natives who are not enrolled in a tribe must enroll during this open enrollment period. Tribal Health Programs, Covered California, and the Indian Health Service are targeting the next several months for tribal activity education and outreach events. The Indian Health Service has identified November 24, 2014 as a tribal outreach activity day and will also be identifying a day in January 2015. The California Rural Indian Health Board is also planning a series of regional trainings in northern, central and southern California. Information about the trainings will be distributed to Indian communities and Indian clinics well in advance of the meetings.

The Affordable Care Act ensures that Indians in California have special benefits when they enroll, including no cost-sharing or deductibles under certain income limits or when

referred by a Tribal Health Program. The law will also enable Tribal Health Programs to stretch limited contract health service/purchased-referred care funding to cover more healthcare needs for their patients.

Members of federally recognized tribes may also change their health plans up to once a month and may enroll any time throughout the year. Because of the staffing and community events that occur during open enrollment, it's a great time for many individuals with questions about coverage to enroll.

If you have questions about the Affordable Care Act, please email Amanda Wilbur at [amanda.wilbur@crihb.org](mailto:amanda.wilbur@crihb.org).

## CRIHB Annual Election —————>

Traditionally, the last day of the Annual Board of Directors Meeting is when the Board of Directors exercises their voting power to elect the Executive Officers for the upcoming year. The Office positions are the Chair, Vice-Chair, Secretary and Treasurer and five members at large to sit on the Executive Committee. The Officers provide organizational leadership by serving on the Executive Committee which holds the same governing powers as the Board of Directors. This year's election results were as follows: Lisa Elgin, Sonoma County Indian Health Project, Inc. was elected Chair; Joseph Garfield, Tule River Indian Health Center, Inc. was reelected Vice-Chair; Gayline Hunter, Tule River Indian Health Center, Inc., was reelected Secretary and Michael Thom, Karuk Community Health Clinic, was reelected Treasurer.



The five members at large position to sit on the Executive Committee are as follows: Andrea Cazares-Diego, Greenville Rancheria Tribal Health Program; Fern Bates, United Indian Health Services, Inc.; Clois Erwin, Mathiesen Memorial Health Clinic; Jack Potter, Redding Rancheria Tribal Health Center; and Laura Rambeau-Lawson, Sonoma County Indian Health Project, Inc. Congratulations to our newly elected officers and Executive Committee members for the year 2014/2015!



## Denise Middlebrook, PhD

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As you may know, CRIHB has merged our Research Department with our Family and Community Health Department. This merger, now known as the Research and Public Health Department (RPH) allows for cross program collaborations in new and exciting ways. Leading the RPH Department is Dr. Denise Middlebrook. Dr. Middlebrook has spent most of her professional career focused on American Indian and Alaska Native health issues. As a post doctoral fellow and later as a research scientist with the University of Colorado Health Sciences Center, she was part of a very large-scale, National Institutes of Health, multi-stage, cross-sectional study of the prevalence of DSM-III-R/-IV mental health disorders and help-seeking behavior among 3 of the largest tribes in the US. During this ground breaking, 5-year research project, Dr. Middlebrook managed 2 field offices and employed over 20 local tribal members during the data collection phase of the project.



In subsequent years, Dr. Middlebrook served as a public health project officer with the Department of Health and Human Services, Substance Abuse and Mental & Health Services Administration (SAMHSA) and later as the Executive Director of the Intradepartmental Council on Native American Affairs in the Office of the Secretary of Health and Human Services. In both positions, Dr. Middlebrook worked closely with tribes and tribal grantees to help ensure the success of their grant programs and to provide technical assistance and training to tribal communities across the country. Dr. Middlebrook was a member of the national workgroup that developed a national strategy to prevent suicide and has published a seminal review of American Indian and Alaska Native youth suicide. Prior to coming to the California Rural Indian Health Board and CTEC, she was the Director of Community Interventions for a SAMHSA funded suicide prevention project where she provided supervision and leadership to a large staff of field coordinators working among 63 federally recognized tribes and Alaska villages.

In her free time, Dr. Middlebrook loves to spend time with her family and her two Labradors.

## Employee of The Year

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Congratulations to Sarah Ponnequin, Property/Purchase Order Technician, Finance Department as the 2014 Employee of the Year!



Sarah Ponnequin has been a welcomed addition to the CRIHB family, helping our company stay organized amidst all of our changes and busy schedules. She goes the extra mile to make sure that CRIHB staff have the best break room and copy room facilities possible and makes sure that purchase requisitions are processed in a timely manner. She has helped CRIHB purchase a new ice machine, neatly organizes our break room and copy room supplies, and has negotiated for new state of the art copiers. In addition, she has improved the availability of dependable GSA vehicles, and even helped to implement a streamlined car rental process. Sarah does all of this in addition to her duties processing purchase requisitions and is a student at a local college. Her role has been instrumental in helping to implement the changes made in finance systems over the course of the last year, making life easier for everyone at CRIHB.

Sarah is being recognized for her outstanding customer service and organizational skills for the CRIHB central office. She assists the company in staying organized amidst all other work that occurs on a daily basis. She is highly reliable and goes the extra mile to make sure that CRIHB is equipped with all of the necessary items to keep the company running smoothly and efficiently.

CRIHB is very proud to bestow this award to Sarah for her outstanding performance as a CRIHB team member.





Tribal health leaders met on October 17, 2014 to identify key federal and state advocacy priorities at CRIHB's 45th Annual Board Meeting at Tachi Palace Resort in Lemoore, California. Following a state policy panel that featured Andy Anderson, Mathiesen Memorial Clinic Director, David Lent, Toiyabe Indian Health Project Director, and Jesse Montoya, Riverside San Bernardino County Indian Health Project Director, and Mark LeBeau, CRIHB Executive Director, stakeholders scored their top priorities. Participants were also encouraged to write in new and emerging topics that impact healthcare delivery to the communities they serve. The completed surveys, which totaled 50, were used to create a ranked list of advocacy priorities.

Top federal priorities, in order of importance, include:

1. Congressional funding of IHS programs
2. Special Diabetes for American Indians grant funding
3. Tribal Community Best Practices/culturally appropriate services
4. Medicaid-Medicare policy
5. Affordable Care Act/Indian Healthcare Improvement Act implementation, e.g. require private insurance companies to accept health providers licensed in other states
6. Mental health/substance abuse programs, e.g. suicide prevention
7. IHS facilities funding issues, e.g. funding Youth Regional Treatment Centers and changing Facilities Priority List
8. Advocate for tribal health programs before federal agencies
9. Protect tribal sovereignty and manage federal services
10. Federal consultation

Top state priorities, in order of importance, include:

1. Restoring \$4.6 million Indian Health Program
2. Maintaining \$2.3 million CalWORKs Indian Clinic Substance Abuse Program
3. Advocating for tribal health programs before state agencies, e.g. Medi-Cal, mental health
4. State funding for tribal facilities
5. Advocating for tribal health programs in the Covered California Marketplace, e.g. tribal sponsorship
6. State consultation

Other priorities, in order of importance, include:

1. Protecting tribal sovereignty
2. Land and cultural rights
3. Environmental issues that impact health, including water
4. Traditional hunting and fishing rights.

The survey provided an opportunity to “write in” new priorities as well. Six participants wrote in “Youth Prevention” or “Youth Funding” as a priority. Another wrote in amending the Indian Self Determination Education and Assistance Act in order to ensure that Federal Torts Claim Act coverage applies to all patients of tribal health programs. Other “write in” issues included more preventative services, streamlining HEDIS/GPRA, and elder care.

This information will be used by tribal leaders and staff members associated with CRIHB to enhance and improve tribal healthcare services through advocacy efforts. CRIHB's will include convene meetings with federal and state lawmakers and administrative officials to work on achieving these priorities, send advocacy alerts to tribes and tribal clinics in California to take action on, and send tribal reps to Washington, D.C. to advocate for the priorities. In addition, CRIHB staff will work to schedule a Congressional field hearing on Indian health in California.

# 45th Anniversary Memories







# CRIHB Quarterly Board of Director's Meeting January 22-24, 2015

## Save the Date

### Location:

CRIHB Central Office  
4400 Auburn Blvd., 2nd Floor  
Sacramento, CA 95841

### Local Hotels:

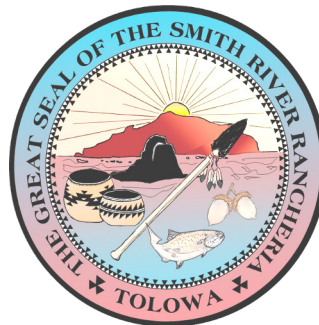
Crowne Plaza  
5321 Date Ave.  
Sacramento, CA 95841  
Reservations: (916) 388-5800  
Rate: \$85.00

Holiday Inn Express  
2222 Auburn Blvd.  
Sacramento, CA 95821  
Reservations: (800) 345-8082  
Rate: \$95

Contact Person:  
Renee Campos  
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CRIHB would like to thank the generous sponsors for their donations and commitment to improving the health of Indian people in California. We appreciate your support.



A special thank you to original signer Clois Erwin for your generous donation.



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***CRIHB January Board of Directors Meeting***  
***January 22-24, 2015 • CRIHB Headquarters***

## CRIHB MEMBER TRIBAL HEALTH PROGRAMS

Chapa-De Indian Health  
 Program, Inc.  
 11670 Atwood Avenue  
 Auburn, CA 95603  
 530.887.2800

Pit River  
 Health Services, Inc.  
 36977 Park Avenue  
 Burney, CA 96013  
 530.335.5090

Tule River  
 Indian Health Center, Inc.  
 P.O. Box 768  
 Porterville, CA 93258  
 559.784.2316

Greenville Rancheria  
 Tribal Health Program  
 P.O. Box 279  
 Greenville, CA 95947  
 530.284.7990

Redding Rancheria  
 Tribal Health Center  
 1441 Liberty Street  
 Redding, CA 96001  
 530.224.2700

United Indian Health  
 Services, Inc.  
 1600 Weeot Way  
 Arcata, CA 95521  
 707.825.5000

Karuk Community  
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 P.O. Box 1016  
 Happy Camp, CA 96039  
 530.493.5305

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 144 Stony Point Rd  
 Santa Rosa, CA 95401-4122  
 707.521.4545

Warner Mountain Indian  
 Health Program  
 P.O. Box 247  
 Fort Bidwell, CA 96112  
 530.279.6194

Mathiesen Memorial Health Clinic  
 P.O. Box 535  
 18144 Seco Street  
 Jamestown, CA 95327  
 209.984.4820

Toiyabe Indian  
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 52 TuSu Lane  
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 760.873.8464

