



Dental Support Center  
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Don't forget to reserve your place!  
2016 Annual IHS CA Area & CRIHB  
Dental Continuing Education Meeting  
May 2nd-5th, 2016  
Double Tree Hilton—Sacramento, CA  
See page 3 for more details!

Please welcome Dr. Elizabeth C. Lauron, D.D.S. from Riverside/San Bernardino Counties Indian Health, Inc. as our new member of the Dental Support Center Advisory Committee



Dr. Elizabeth Lauron has been practicing almost 19 years, as a Staff Dentist/Supervisor for Riverside/San Bernardino Counties Indian Health, Inc. She is a graduate of the University Of Southern California School Of Dentistry, 1995 and has served on Clinical Staff and as Lecturer at USC. Dr. Lauron externed on the Navajo Reservation in Ganado, Arizona, where she gained specialized training in Native American public health. She has also been recognized for her work with Special Needs patients.

### DSC ADVISORY COMMITTEE

- Rick Trahin, DDS—Feather River Tribal Health (Northern CA Programs)
- Li Lin, DDS—Central Valley Indian Health (Central CA Programs)
- Alice Huang, DDS—American Indian Health Services (Urban Tribal Programs)
- Elizabeth C. Lauron, DDS—RSB Counties Indian Health (Southern CA Programs)
- Stacey Wobbe RDH—Greenville Rancheria (RDH Representative)
- Eileen O'Neal, RDA—Chapa De Indian Health (RDA Representative)
- Steve Riggio, DDS— Area Dental Officer (IHS/CAO)
- Rosario Arreola Pro, MPH—HSD Director (CRIHB)
- Lalani Ratnayake—Dental Support Center Coordinator (CRIHB)

# California Dental Support Center NEWSLETTER



April 2016

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## Community Education & Prevention by Dental Support Center

### Our Mission:

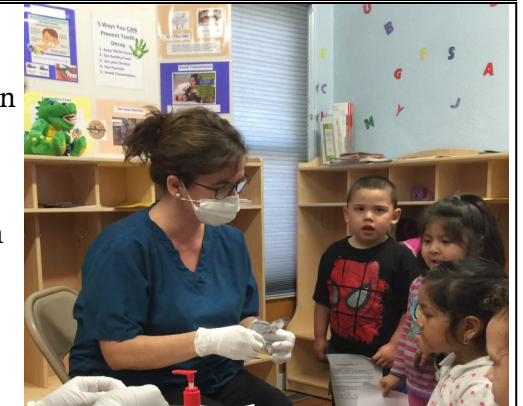
Reduce dental decay in Native American infants, children, and adults. Provide training, technical assistance, and resources to tribal and urban dental clinics operating in California.



California Rural Indian Health Board, Inc.  
4400 Auburn Blvd.  
Sacramento, CA 95841

Visit us at:  
[www.crihb.org/dental](http://www.crihb.org/dental)

The Dental Support Center (DSC) promoted the National Children's Dental Health Month by focusing on educating parents and the community on oral health and prevention as well as conducting fluoride varnish events. Community presentations were held at Lytton Head Start, Elk Valley Head Start and the Smith River Head Start. A presentation to the children at Mooretown Rancheria Tribal childcare center on brushing and good dental care was followed by dental screenings and fluoride varnish applications.



Cindy Listoe, RDH, Oral Health Education and Outreach consultant of the DSC, presented the *Say "No" to Cavities* parent education presentation to parents at the Lytton Head Start. The parents learned about the importance of early prevention, proper nutrition, and the role of bacterial transmission. Several parents commented that they were not aware that the bacteria that causes decay is transmissible. Cindy, with the help of Rosa Ceballos, a fluoride varnish certified employee at the center, applied fluoride varnish to 19 children.

Cindy also visited the Hand-in-Hand Learning Center in Colusa, a tribal childcare center to conduct screenings and FLV applications on 19 children.



Poster Boards highlighting Early Childhood Caries, prevention, and good oral health habits created by the DSC were provided to three Head Starts to be utilized for parent education.

To promote February as the National Children's Dental Health Month (NCDHM), the Indian Health Service, Division of Oral Health (DOH), supported the American Dental Association (ADA) messages of oral health outreach for children. Five oral health presentations were developed to educate the communities on the following topics:

[Presentation 1 - Are You Prepared for a Dental Emergency?](#)

[Presentation 2 - Fluoride Varnish](#)

[Presentation 3 - Dental Sealants](#)

[Presentation 4 - Sippy Cups](#)

[Presentation 5 - Teens and Oral Health](#)

These presentations can be useful for clinic reception areas, community/school presentations. Please contact the Dental Support Center for your copy, at 916-929-9761 or [lalani.ratnayake@crihb.org](mailto:lalani.ratnayake@crihb.org)



**Upcoming Certification Courses for RDA/DA**

- Infection Control (8 hr.)—Saturday May 7, 2016
- Coronal Polish (16 hr.)—Saturday Jun 18-Sunday Jun 19, 2016

Watch for more information regarding a RDAEF Program through [www.thefade.org](http://www.thefade.org)

For registration information contact: [lalani.ratnayake@crihb.org](mailto:lalani.ratnayake@crihb.org)

**New Resources for You!**

The DSC is proud to present you with two new brochures!

- ◇ Gum Disease & You
- ◇ Use & Care for Your Dentures



**2016 GPRA Challenge**  
July 1, 2015-June 30, 2016

**2016 GPRA Challenge 1:**

Meet your Access goal to win \$500. Most improved Access performance within the last 2 years in each of the four population groups will win \$500.

**2016 GPRA Challenge 2:**

Improve Access by 2% for pregnant mothers to win \$300.

**Have you sent in your clinic/staff photos??**

**Show us YOUR smiles!!**

The DSC will be creating a slide show of all of the CA tribal programs, staff, and their activities, to be shown during the upcoming Dental Conference in May 2016.

So, share who *YOU* are and what *YOU* do!!

Please send your pictures to:  
[lalani.ratnayake@crihb.org](mailto:lalani.ratnayake@crihb.org)  
no later than **Friday April 22, 2016**

**2016 Annual IHS CA Area & CRIHB Dental Continuing Education Meeting**  
May 2nd-5th, 2016  
Double Tree Hilton—Sacramento, CA

**Learn & Earn CEUs!**



**It's not too late to register!**

Please register online, through the IHS website: [www.doh.ihs.gov](http://www.doh.ihs.gov)

For more information, contact [lalani.ratnayake@crihb.org](mailto:lalani.ratnayake@crihb.org)  
or by phone: 916-929-9761

**Table Clinics/Poster Sessions**

Six table clinics will be on display at the 2016 Dental Continuing Education Meeting on Tuesday May 3, 2016, 12 noon to 3:00PM.

2016 participants are:

- Greenville Rancheria
- MACT Health Board
- Toiyabe IHP
- Chapa-De IHP
- Shingle Springs THP
- CA Wellness Foundation Project

Be sure to visit each table!

**Be Ready for An Emergency**

**Your Diabetic Patient becomes unresponsive ... Do YOU know what to do??**

- ◇ Do you know where your medical emergency kit is kept?
- ◇ How do you alert your fellow staff members in the event of an emergency?
- ◇ Does your emergency kit have the ADA recommended supplies?

Every office should have a centrally located medical emergency kit, and every team member needs to know where the kit is kept. The contents need to be monitored for expiration dates, and if any supplies are used, they must be replaced. It is your duty to know the emergency procedures in your clinical setting. If hypoglycemia has occurred: according to the American Diabetes Association, administer fast-acting oral glucose gel, available in 15 mg tubes, which should be in your emergency medical kit.

One of the best ways to avoid a diabetic emergency is to ask these questions at every appointment:

- ◇ What was your glucose level this morning?
- ◇ When did you eat last?
- ◇ What did you eat last?
- ◇ Did you take your insulin?

Miller, K. (2016). Are you ready for an emergency?. *RDH Magazine*, 36 (2), 86.