California Rural Indian Health Board, Inc.

Dental Support Center
4400 Auburn Blvd. 2nd Floor
Sacramento CA 85841

Phone: 916-929-9761
Fax: 916-929-7246
www.crihb.org

A Dental Voucher….A Resource!

Are you aware of the Access to American Indian Recovery (AAIR) Dental Services voucher? AAIR provides Substance Abuse Treatment and Recovery Supportive Services to American Indians and Alaska Natives. For information on the AAIR Dental Voucher, please contact Randal Vardan, Program Manager at Randal.Vardan@crihb.net or 916.929.9761, ext. 1505.

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July 2009 California Rural Indian Health Board, Inc.

California Dental Support Center NEWSLETTER

Mission

Reduce dental caries in Native American infants, toddlers and children. Provide training, technical assistance, and resources to tribal and urban dental clinics operating in California.

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A New Grant to Implement Smokeless Tobacco Use Prevention and Cessation in AI/AN Communities

The Dental Support Center (DSC) in partnership with the Tobacco Education and Prevention Technical Services (TEPTS) Center at CRIHB has received funds through the Innovative Grants Program of American Legacy Foundation. The first year of this three year grant will implement a pilot project at three California tribal dental clinics to provide Registered Dental Hygienists and other healthcare professionals in these clinics with education, training (includes CEUs) and resources to implement a smokeless tobacco cessation program. Additionally the project will include culturally appropriate prevention efforts to each clinic's entire patient population. The three selected tribal programs are United Indian Health Services in Arcata, Sonoma County Indian Health Project in Santa Rosa and Central Valley Indian Health in Clovis.

You are invited!

The one-day training on Smokeless tobacco prevention and cessation will be held at the CRIHB main office in Sacramento in September 2009. Any interested healthcare professional from any tribal/urban clinic in California is eligible to attend this free training workshop. Space is limited to 30 attendees.

Scholarships for Registered Dental Hygienists:

The DSC is offering a scholarship towards travel, lodging and Per Diem to two Registered Dental Hygienists from any tribal/urban clinic in California. A lottery will choose the two winners.

Registration Form

**Smokeless Tobacco Training
California Rural Indian Health Board Inc.
4400 Auburn Blvd., Sacramento CA 95841**

Name _____

Tribal/Urban Clinic _____
Title _____ E-mail _____
Phone # _____

_____ I am a Registered Dental Hygienist. Please enter me for the travel scholarship raffle

Please copy this registration form, complete it and fax it to Lalani @ 916-929-7246

NewsBites

Dental Support Center GPRA Sealant Challenge is on!.....

Even with all your efforts, California state didn't meet the GPRA Goal last year. We All know that we can do it !! So.... Dental Support Center is offering incentives **to meet the goal next GPRA year.**

Meet You GPRA Sealant Goal to Win $500!!

Target Goals for GPRA Year July 1, 2009—June 2010

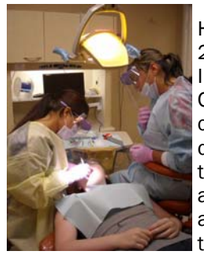
Central Valley IHP - 1,325
Chapa De IHP- 1,057
Colusa THP - 20
Consolidated THP- 519
Feather River- 818
Greenville- 246
Hoopa Tribal Clinic- 580
Indian Health Council- 879
Karuk THP- 380
Lake County IHP- 391
MACT Health Board-440
Northern Valley IH- 403
Pit River IH -186
Redding Rancheria IHP- 747
Riverside-San Bernardino-2,529
Round Valley IHP-266
Santa Ynez IHP-186
Shingle Springs-192
Sonoma County IHP-974
Southern IHP - 526
Susanville IHP-200
Sycuan Medical Center-20
Table Mountain– 20
Toiyabe IHP- 541
Tule River IHP-513
Tuolomne Me-Wuk IHP-20
United Indian Health Service- 1,585

And here's More.....

GROUP A - Service Population 4,001 or more	Program with the 1st Place $1,000 Program with the 2nd Place $500
GROUP B - Service Population 2,000-4,000	Program with the 1st Place $1,000 Program with the 2nd Place $500
GROUP C - Service Population 1,000-1,999	Program with the 1st Place $1,000 Program with the 2nd Place $500
GROUP D - Service Population Less Than 1,000	Program with the 1st Place $1,000 Program with the 2nd Place $500

Electronic Dental Record Management—A WebEx demo by QSI (Quality Systems Inc.) is being held on **July 30, 2009 from 1:30 –3:00 PM.** If any of the California tribal clinic personnel is interested in participating please register with Liz Arebalo 916-929-9761 or email liz.arebalo@crihb.net

RDA Sealant Certification Training



Hi, my name is Lenna and I work at the Tuolumne Me –Wuk Dental Clinic. I took the sealant class on June 26 & 27, 2009. Our clinic hosted this event where 3 RDAs from our office and 7 other RDAs from other IHS dental clinics around Northern California took this class. Our clinic would like to extend our thanks to CRIHB for being able to have the sealant certification courses for the RDAs. The sealant course was conducted by very good instructors and it was spread out over 2 days where we did not feel rushed. We did complete the sealants for 4 patients each and the patients were very excited to receive the gift cards that they got after having the sealants done. Some of the RDAs also doubled up as patients and that was very nice of them. I am grateful that my "employer" would care so much about their patients and their employees to get us certified to do sealants. It is something that I never thought I would be able to afford on my own, and I know that it will benefit patients all around California's IHS dental clinics. It was also very nice to get to know other RDA's from all over California's other Indian Health Services. I had met some of them at the IHS conference in Sacramento and it was great meeting up with them again. I think the more often we get together in situations like this, the more we can compare and grow in our services.

Lenna Oliver RDA, Sonora CA

Next RDA Sealant Training scheduled for August 3-4, 2009 at Native American Health Center in Oakland CA., will conclude our training sessions for this grant year. The DSC is pleased to have to have assisted **42 RDAs** working in tribal/urban clinic in CA to obtain their sealant certification this year! We hope to facilitate future trainings from next years funding. If you are interested in receiving this training, please contact Lalani at 916-929-9761.

CAVITY IN A CAN?

- Carbonated beverages erode tooth enamel surfaces, leading to cavities
- Carbonic, phosphoric, and citric acids in the drinks (even diet sodas) dissolve calcium, especially in the teeth of children who sip them continuously.
- Continuous sipping throughout the day allows time for resident oral bacteria to begin to break down the sugars in the drink which form more acids, hastening the development of the tooth decay.
- From a Nutrition perspective, soft drinks contribute sugar, calories, phosphorus, and water to the diet.
- Studies have linked obesity, diabetes and osteoporotic bone fractures to increased consumption of sodas while contributing to nutritional deficiencies of vitamins, minerals, protein, and fiber.

A typical 12-once can of regular soda contains approximately 10 teaspoons of sugar.