



Life is  
a delicate  
balance.

Your flu vaccine  
protects me,  
my flu vaccine  
protects you.

American Indian and  
Alaskan Natives may be  
at a greater risk from  
complications such as  
hospitalization or death  
from H1N1, protect you  
and your community  
against this disease...  
it's not too late to get  
your flu vaccine.



Learn more about flu  
and the flu vaccine by visiting  
[www.flu.gov](http://www.flu.gov) or [www.crihb.org](http://www.crihb.org)

