



Life is a delicate balance.
Your flu vaccine protects me,
my flu vaccine protects you.

American Indian and Alaskan Natives may be at a greater risk from complications such as hospitalization or death from H1N1, protect you and your community against this disease... it's not too late to get your flu vaccine.

Learn more about flu and the flu vaccine by visiting cdph.ca.gov or <http://crihb.org/home/h1n1.html>

