

California Rural Indian Health Board, Inc.



Dental Support Center  
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Sacramento CA 95841

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**Save the Date!**

### 2011 Annual CA Dental Conference

**Monday, May 2nd—Thursday, May 5th, 2011**  
**Holiday Inn Capitol Plaza**  
**300 J Street**  
**Sacramento CA 95814**



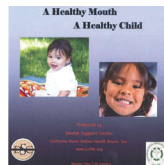
#### California Dental Support Center Advisory Committee

Rick Trahin, DDS, Feather River Tribal Health  
Richard Schoen DDS, Karuk Tribal Health  
Steve Riggio, DDS, Area Dental Officer Indian Health Service/CAO  
Joel Umali, DDS, Riverside/San Bernardino County IHC  
Carolyn Brown, DDS, Native American Health Center  
Gaby Rector RDH, Northern Valley Indian Health  
Carol Kelley, RDA, Sonoma County Indian Health Project  
Rosario Arreola Pro, MPH Health Systems Development Director, CRIHB,  
Lalani Ratnayake, Dental Support Center Coordinator, CRIHB

William Harrison (Mountain Maidu), Health Education Specialist, has joined the DSC team on a part time basis. He will be assisting in implementing DSC community outreach efforts. He can be reached at 916-929-9761 or william.harrison@crihb.net

#### A New Oral Health Resource

The Dental Support Center has developed **"A Healthy Mouth ~ A Healthy Child"**, a DVD to educate Native American communities. This 7 minute video addresses, Early Childhood Caries, disease transmission, good oral hygiene, and nutrition among other health messages. It is available for CA tribal dental, medical, WIC, and other tribal programs. Please contact the Dental Support Center for your free copy.  
[lalani.ratnayake@crihb.net](mailto:lalani.ratnayake@crihb.net)/[william.harrison@crihb.net](mailto:william.harrison@crihb.net)



October 2010

California Rural Indian Health Board, Inc.

# California Dental Support Center NEWSLETTER



## IHS Announces the First Ever GPRA Award Winners

The following ten dental programs are awarded the FY 2010 GPRA awards:

Category One: Most Improved

Category Two: Patients and Procedures, relative to user population

AREA	PROGRAM
Billings	Ft. Peck
Nashville	Micmac
California	Round Valley
California	Hoopa
OK City	Claremore

AREA	PROGRAM
Billings	N. Cheyenne
Nashville	Chitimacha
California	Tuolumne
Nashville	Seminole
OK City	Lawton

The following dental programs are awarded "honorable mention." As the difference between the limited number of awards and an honorable mention can be as little as a percentage point or two, these fine programs deserve appropriate acknowledgment and encouragement.

The following programs are cited as honorable mentions	
Nashville	Miccosukee
Billings	Ft. Belknap
Bemidji	White Earth
Nashville	Catawba
California	S. Indian Health Clinic
Nashville	Passamaquoddy
California	Quartz Valley—Anav Tribal Health
California	Consolidated Tribal Health Clinics
Nashville	Cherokee
Aberdeen	Pine Ridge
Navajo	Shiprock
Aberdeen	Belcourt

Congratulations to these California tribal programs! This is a great accomplishment. The Dental Support Center and CRIHB would like to extend our appreciation to all those who contributed toward this success.



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Visit us at:  
[www.crihb.org](http://www.crihb.org)

<http://crihb.org/health-resources/california-dental-support-center.html>



### DSC Mini Grants—A Funding Opportunity!

The Dental Support Center has announced another cycle of mini grants. All tribal/Urban clinics in California are encouraged to apply. Proposed projects should address GPRA measures and serve **AI/AN Children, Youth or Adults in their communities.**

Grant Amount—\$ 2,000 Grant Period—November 15, 2010 through April 30, 2011

Grant Proposal due date—October 25, 2010

The grant application is available at: <http://www.crihb.org/home/california-dental-support-center.html>

Or contact Lalani @ 916-929-9761/lalani.ratnayake@crihb.net

### Establishing a National Oral Health Surveillance System

**IHS Early Childhood Caries Initiative.**

So as to assess the oral health status of AI/AN children ages 0-6 years, Basic Screening Surveys (BSS) are being conducted through out the tribal programs in United States. Six California tribal programs are part of this project. The dental staff from these six programs have participated in WebEx trainings on the process of the project and are currently conducting the surveys in their tribal communities. A minimum of 400 AI/AN children 0-6 years in California will be screened for this project.

The Dental Support Center would like to acknowledge these tribal programs for their partnership in this very important evaluation effort.

United Indian Health Service, Inc  
Pit River Tribal Health Services Inc.

K'ima:w Tribal Health, Hoopa  
Central Valley Indian Health  
Southern Indian Health Council

Riverside –San Bernardino Indian Health



In addition to this, the DSC is surveying other California tribal areas to establish a California Oral Health status report for AI/AN children. If your tribal program would like to be part of this, please contact Lalani at 916-929-9761.

### Caries Stabilization

Caries stabilization involves using fluoride-releasing glass ionomer for interim therapeutic restorations (ITRs), resin and glass ionomer sealants to protect pit and fissures on primary molars, and regular recharging of ITRs and sealants through fluoride varnish applications, and twice daily use of fluoride toothpaste at home.

Caries stabilization can increase our treatment options for babies and young children. It can also make restoration of Early Childhood Caries (ECC) a positive experience for young patients and their parents.

Caries Stabilization Course for IHS Dental Staff (IHS CDE Catalog Course: DD0024)

**IHS Early Childhood Caries Initiative.**

### Community Highlights

## Educating the Community on Oral Health Pit River Health Services, Inc.



Pit River Health Dental Clinic is promoting oral health awareness among our community by collaborating with many of the programs and local agencies. Monthly Community family classes, Pit River Day Care (field trip to the dental clinic, Fluoride Varnish applications, oral health assessments), Burney Elementary School ( educational presentations, distribution of oral hygiene kits), and Migrant Education.

### Promoting Oral Health at the Annual Tribal Health Fair Colusa Indian Health Dental Clinic

Oral health was promoted at the Annual Tribal Fair by featuring dental demonstrations of various dental procedures that happen in a dental clinic. Parents and children were educated on Dental Sealants, Fluoride Varnish, Tooth Brushing techniques, and flossing. Using a presentation board, the parents were educated on the recommended dental visits and the importance of follow-up if cavities or other problems were identified at their visit to the dentist.

Fluoride Varnish applications were provided to all the children with parental consent. Parents with babies and young children were educated on special care for baby teeth, and emphasized the baby's first visit to the dentist by their first birthday. Educational brochures, toothbrushes and other preventive items, and incentives were distributed.

In addition to the Tribal Health Fair, the Colusa dental clinic staff made a presentation to children ages 5-13 years at the Children's Summer Camp. The presentation promoted diabetes prevention, healthy snacking, and an activity on dental hygiene. The children participated in games that required them to learn about good nutrition.

This project was funded through a Dental Support Center Mini Grant.