

California Rural Indian Health Board, Inc.



Dental Support Center
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RE think Your Drink

California WIC is conducting a coordinated statewide “Rethink Your Drink” education campaign from May through August 2011, focusing on the contribution of sweetened beverages to increasing rates of overweight and obesity. The education campaign will provide information and practice to help participants decrease consumption of sweetened drinks and increase water consumption. Excess consumption of beverages sweetened with sugar or high-fructose corn syrup also promotes tooth decay.

For resources to educate your patients, please check out the link:

<http://www.cdph.ca.gov/programs/wicworks/Pages/WICRethinkYourDrink.aspx>

Some affects of Sugar-Sweetened Drinks

Tooth Decay: Among children ages 1-5, consumption of sugar-sweetened carbonated soft drinks was associated with an 80-100% increased risk of tooth decay.

Diabetes: Studies have found an association between regular consumption of sugar-sweetened soft drinks to the risk of Type 2 Diabetes. Women who consumed less than 1 sugar-sweetened soft drink per day were compared to women consuming 1 or more such drinks per day. The women who consumed 1 or more drinks had an 83% increased risk of Type 2 Diabetes.

April 2011

California Rural Indian Health Board, Inc.

California Dental Support Center NEWSLETTER



Volume 3 Issue 3

DSC Announces 2010 GPRA Access Challenge Winners

Dental Support Center 2010 GPRA Challenge 1 Winners

Nine California Tribal Programs Met their 2010 GPRA Goal to Win \$500!!

Chapa De Indian Health
K'ima:w Tribal Health, Hoopa
Lassen Indian Health
MACT Health Board
Pit River Health Services
Redding Rancheria
Round Valley Indian Health
Tuolumne Me-Wuk Indian Health
United Indian Health Services



Dental Support Center 2010 GPRA Challenge 2

Winners – Highest Performers

Group A - Service Population over 4000

First Place – United Indian Health Services - Increase of 12%- \$1000

Second Place – Chapa De Indian Health – Increase of 2% - \$500

Group B - Service Population 4000-2000

First Place – K'ima:w Medical Center, Hoopa –Increase of 6% -\$500

Redding Rancheria – Increase of 6% - \$500

Second Place – Consolidated Tribal Health –Increase of 1% - \$125

Feather River Tribal Health - Increase of 1% - \$125

Toiyabe Indian Health - Increase of 1% - \$125

Tule River Indian Health - Increase of 1% - \$125

Group C - Service Population 2000-1000

First Place – Round Valley Indian Health – Increase of 8% - \$1000

Second Place – Lassen Indian Health – Increase of 2% -\$250

MACT Health Board – Increase of 2% - \$250

Group D - Service Population less than 1000

First Place – Tuolumne Indian Health – Increase of 9% - \$1000

Second Place – Pit River Health Services – Increase of 2% - \$500



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Visit us at:

www.crihb.org

[http://crihb.org/health-resources/
california-dental-support-center.html](http://crihb.org/health-resources/california-dental-support-center.html)



Community Highlights

A New Dental Clinic to Serve Tribal Communities



Rolling Hills Clinic is the newest health care program in the IHS system in Northern California. Sponsored by the Paskenta Band of Nomlaki Indians, Rolling Hills Clinic has facilities in Corning and Red Bluff California. The mission of the clinic is to bring high quality, state of the art health care to the Native American community, as well as the community at large, in Tehama County.

The Dental Department of Rolling Hills Clinic will be providing dental care covering all phases of dentistry. Pediatric dentistry will be emphasized with pediatric conscious oral sedation and hospital dentistry provided. Implant dentistry will also be available, with Cone Beam X-ray Technology used to aid in the precise placement of dental implants. Advanced endodontic procedures will be done using a dental operating microscope. Periodontal treatments will be offered with a soft tissue diode laser to enhance treatment outcome. When doing crown and bridge procedures we will have the opportunity to use Cad/Cam technology, when indicated, to provide "single appointment" crowns for patients.



Most important of all though, is the fact that the Dental Department of Rolling Hills Clinic is staffed by a very well trained, professional team of, Dentists, RDHs, RDAEFIs and RDAs. With this amazing team of professionals giving personal, individualized care to each patient we will make a positive difference in the lives of our patients.



The Rolling Hills Clinic is located at 2540 Sister Mary Columba Dr., Red Bluff, CA 96080. Phone # 530-690-2778

Community Night Event At San Diego American Indian Health Center



San Diego American Indian Health Center (SDAIHC) hosted a Dental presentation at their monthly Community Night gathering on February 24, 2011. After the blessing and delicious dinner, Drs. Kim Nguyen, D.M.D. and Chelsea Richardson, D.M.D. gave presentations about SDAIHC's dental program services and the importance of oral health for children with the hopes of promoting their pediatric dental program and encouraging the development of a dental home. After the presentations, oral health screenings were performed along with oral hygiene instructions using the ever enticing Mojo Monkey.



As recipients of a Dental Support Center (DSC) Mini Grant, SDAIHC was able to provide each child with a new toothbrush, toothpaste, floss, stickers and a small toy. Through their outreach efforts, they were able to reach out to nearly 100 children and their families.



2011

Dental Support Center

GPRA Sealant Challenge 1

(2011 GPRA Year July 1, 2010– June 30, 2011)

Meet your 2011 GPRA Dental Sealants Goal to Win \$500

Tribal Program	Sealant Goal	Tribal Program	Sealant Goal
Riverside SB (RSB)	2220	Round Valley (RVL)	215
Central Valley (CVL)	1199	San Diego AIHC (SDG)	204
United Indian Health Services (UIHS)	1086	Susanville (LAS)	182
Chapa De (CDE)	1016	Greenville (GVL)	170
Sonoma (SON)	899	Santa Ynez (SYZ)	167
Indian Health Council (IHC)	756	Shingle Springs (SS)	162
Feather River (FRV)	687	Pit River (PIT)	155
Hoopa (HPA)	533	Sacramento NAHC (SAC)	153
Consolidated (CON)	447	Fresno (FRS)	63
Redding (RED)	494	Santa Barbara (SBR)	42
Toiyabe (TOI)	492	Toulumne Me-WUK (TUO)	29
Tule River (TUL)	465	ANAV Quartz Valley	25
United American Indian Inv.(UAI)	429	Sycuan (SYC)	25
Southern Indian Health (SIH)	395	Rolling Hills	20
San Jose (SJO)	381	Colusa TH	20
Northern Valley (NVL)	342		
Karuk (KRK)	335		
MACT (MAC)	325		
Oakland/SF (OAK)	314		
Lake County (LAK)	288		
Bakersfield (BAK)	275		

Group A-Population > 4000
Group B- Population 2000- 4000
Group C-Population 1000-2000
Group D-Population >1000

2011 Dental Support Center GPRA Sealant Challenge 2

GROUP A -	Program with the highest Dental Sealants 1st Place \$1,000 -2nd Place \$500
GROUP B -	Program with the highest Dental Sealants 1st Place \$1,000 -2nd Place \$500
GROUP C -	Program with the highest Dental Sealants 1st Place \$1,000 -2nd Place \$500
GROUP D -	Program with the highest Dental Sealants 1st Place \$1,000 -2nd Place \$500