

CAIRS



California
American
Indian
Recovery
Services

“There are many Pathways to Recovery; choose yours.”



**Presenter: Amanda Nugent, M.S., LMFT
ATR 3 Project Director, CRIHB**



California American Indian Recovery

- ❖ Total client target # 8,614
- ❖ 1st yr. client target #1,640
- ❖ Served 915 clients to date
- ❖ Providers: 63
- ❖ Locations billing: 114
- ❖ 15 applications in pipeline



CAIRS

ATR 3



California
American
Indian
Recovery
Services

CAIRS BURN RATE

Jan	\$ 13,265.00
Feb	\$ 11,355.00
Mar	\$225,773.80
Apr	\$257,365.00
May	\$286,822.01
June	\$369,235.00
July	\$150,556.50 to date

Total approved to date: \$1,314,372.31

Total redeemed to date: \$1,245,846.75

****Approx. 2.5 million total to spend on
vouchers only**



CAIRS



California
American
Indian
Recovery
Services

WHO PROVIDES CAIRS SERVICES?

- ❖ Inpatient residential
- ❖ Outpatient clinics
- ❖ Recovery support entities
- ❖ Transitional houses
- ❖ Dental clinics
- ❖ Sole proprietors
- ❖ TANFS





AIAN CLIENT PARAMETERS:

- ❖ AIANs: ages 12+, non-AIAN Spouses; Domestic Partners, Parents & Children of AIANs
- ❖ In ATR 2: **Female 46.4% and Male 53.5%**
- ❖ Status: Hx of substance abuse
- ❖ Tx Plan directed (provided via Kit VMS)
- ❖ Emphasis: RSS

Average expenditure p/client = +/- \$1,650



WHY RSS?

- ❖ In A & D tx, fewer than 10% who need tx seek it; if they do, its more often due to outside influences.
- ❖ Limited retention: Fewer than 50% successfully complete care.
- ❖ There's a lack of continuing care: Only 1 in 5 people receive post-discharge planning.
- ❖ Recovery outcomes are poor: Most people resume using within 1 yr; most do so within the first 90 days of discharge from tx.
- ❖ Revolving door: More than 60% of people who receive care have had 1 or more tx episodes, and 24% have had 3 or more; 50% of those are readmitted within the 1st yr.

CAIRS



California
American
Indian
Recovery
Services

NEW THINGS HAPPENING IN CAIRS:

- ❖ **Anger Management voucher**
- ❖ **Care Coordination voucher**
- ❖ **TMAC (Telephone Monitoring & Adaptive Counseling)**





CARE COORINDATION VS. CASE MGMT

- ❖ CASE MANAGEMENT is a collaborative process of assessment, planning, facilitation, and advocacy to services that meet an individual's health needs through communication and available resources. There's nothing that defines exactly with whom or with what partners the collaboration takes place for the individuals.
- ❖ CARE COORDINATION is a process that's driven by the person receiving services based on their wishes, needs, and desires; cultural preferences, including language of choice, ethnicity/nationality, sexual orientation, gender, gender identity or expression, age, social role, faith and spirituality; physical and cognitive abilities; and any other determinant that's important to the person receiving the services.

CAIRS



California
American
Indian
Recovery
Services

CARE COORDINATION IN ACTION...

- ❖ CC provides hope, is flexible, is person driven.
- ❖ CC sees community of the individual as the primary context for healing and sustained wellness.
- ❖ CC uses technology to enhance support.
- ❖ CC ensures plan is consistent with cultural identity and preferences. It's empowering.
- ❖ CC creates safety within recovery support settings & creates opportunity for coordination across disciplines.



WHY CARE COORDINATION WORKS?

When a recovery plan is relevant to the person receiving the services, he or she is more likely to adhere to it, because it's their plan.

- ❖ CC provides hope, is flexible, is person driven.
- ❖ CC sees community of the individual as the primary context for healing and sustained wellness.
- ❖ CC uses technology to enhance support.
- ❖ CC ensures plan is consistent with cultural identity and preferences. It's empowering.
- ❖ CC creates safety within recovery support settings and creates opportunity for coordination across disciplines.



ADVANTAGES OF TMAC:

Potential to promote better long-term engagement and participation because...

- ❖ Convenient for client
- ❖ Reduces stigma of weekly trips to the tx program
- ❖ Individualized attention
- ❖ Lower costs of ongoing care
- ❖ Increases self-monitoring of clt. through modeling



ANGER MANAGEMENT:

According to the US Dept. of Justice...

- ❖ Approximately 1.3 million women and 835,000 men are physically assaulted by an intimate partner annually in the United States.
- ❖ Of the almost 3.5 million violent crimes committed against family members, 49% of these were crimes against spouses.
- ❖ Native American women suffer violent crime at a rate 3 ½ times greater than the national average.



CAIRS TRAININGS:

- ❖ National Guard 101
- ❖ 2 Regional Provider Conferences; Northern & Central
- ❖ TMAC training
- ❖ KIT VMS Trainings
 - 39 providers trained by Support to date
 - 14 more trained at No. CA conference
 - 36 more trained at Central CA conference
 - 53 providers have attended online trainings
- ❖ ROSC to come at So. CA conference

CAIRS



California
American
Indian
Recovery
Services

WHAT DO THESE ACCOMPLISH?

- ❖ Refine program; we learn from you
- ❖ Create CAIRS provider network by connecting them one to another; email forum to begin
- ❖ Protect CRIHB and providers via program education
- ❖ Reduce provider error/frustration via hands on training
- ❖ Update on program additions and refine roll out through provider feedback
- ❖ Train on new protocols

CAIRS



California
American
Indian
Recovery
Services

TELL US WHAT YOUR COMMUNITY NEEDS?

CAIRS is listening...

**Life is very interesting... in the end, some of
your greatest pains, become your greatest
strengths.**

Drew Barrymore Quote for Overcoming Addiction

CAIRS



California
American
Indian
Recovery
Services

**CAIRS MARKETING MATERIALS...
are completed and available on display table.**



CAIRS



California
American
Indian
Recovery
Services

Questions about the CAIRS Program?

Please contact:

**Amanda Nugent,
ATR Project Director
916.929.9761, ext. 1505
Amanda.Nugent@CRIHB.net**

**Deborah Kawkeka,
ATR Outreach Coordinator
916.929.9761, ext. 1514
Deborah.Kawkeka@CRIHB.net**

**Jennifer Parsons,
ATR Program Specialist
916.929.9761, ext. 1507
Jennifer.Parsons@CRIHB.net**

